



# École Deer Meadow School Chinook's Edge School Division

## September 16-20, 2024

5411 61 Ave, Olds AB, T4H 1T2  
(403) 556-1003  
deermeadow@cesd73.ca  
[www.deermeadow.ca](http://www.deermeadow.ca)

### Welcome Back Barbecue - Tuesday, September 17th, 5:00pm-7:00pm

We are having a barbecue and everyone is invited! Our annual get-together is meant to provide an easy opportunity for families to connect with school staff, and to share an informal meal together while catching up or meeting for the first time. We will be set up with a barbecue out back by the playground, serving hot dogs with juice/water and a treat for \$2 per person. Please plan to drop in anytime between 5:00-7:00 PM on Tuesday, September 17th for a visit.

Thank you to Patryk's No Frills, Tim Horton's, and Plains Midstream Canada for sponsoring our event. Thanks to their support, all funds raised at this event go towards our Terry Fox Foundation school fundraiser.

### Parent Council Annual General Meeting - Tuesday, September 17th, 7:00pm

Come for a hot dog and stay for our parent meeting! The Deer Meadow Parent Council is a great way for parents to support their child's school and to keep up on what is happening at the school. Our first meeting of the year is our General Meeting, which will be held in person in the Deer Meadow Library at 7:00pm, immediately following the Welcome Back Barbecue on September 17th.

Regular meetings are held on a monthly basis, are open to all parents/guardians of Deer Meadow students, and focus on the following areas:

- Connecting with other Deer Meadow parents.
- Communicating with school administration and staff.
- Sharing information.
- Providing insights and feedback on school matters.
- Supporting the programs and activities at the school.

Parent council is run by parents and relies on parent volunteers to operate. If you are wondering how you can help out, please plan to come to the General Meeting to learn about the opportunities available, or email [deermeadowparentcouncil@gmail.com](mailto:deermeadowparentcouncil@gmail.com).

*Principal Allan Whitehead*

### Coming Up at a Glance

Sept 16	Picture Day
Sept 17	Welcome Back BBQ, 5-7 pm
Sept 17	Parent Council Meeting, 7 pm
Sept 20	No School - PD Day
Sept 23	Breakfast for Learners starts
Sept 27	Terry Fox Run
Sept 30	No School - National Day for Truth & Reconciliation
Oct 1	Orange Shirt Day

### New - Athletics Page

Check out this new page for all EDMS sports- and athletics-related information:  
<https://sites.google.com/cesd73.ca/dms-school-athletics/home>

You can also access the page from the "Sports" menu on the EDMS website:  
[deermeadow.ca/sports](http://deermeadow.ca/sports)

### Coach Needed

We are looking for a Coach for:  
→ Girls B Volleyball

Contact Mrs. Clattenburg at EDMS if you can help out.

### Parents of First Nations, Métis and Inuit students:

For several years at Ecole Deer Meadow School we have offered a special program for Indigenous students called **Tribestone**. Tribestone meets once monthly and we love to participate in numerous learning opportunities and teachings. Activities have included teepee teachings, pow wows, moccasin making, family maps, land-based teachings, drumming, and rattle making. We love to bring in Elders and cultural teachers so we may learn in the proper way.

**Tribestone** is completely voluntary. Our Indigenous students love coming together and enjoying the many learning opportunities. If your child is Indigenous and you wish for them to participate, please call the school and we'll get them an invitation. If you have already checked off the "First Nations, Métis or Inuit" box on your registration, we will have their name already.

Please contact either Jeff Smyth ([jsmyth@cesd73.ca](mailto:jsmyth@cesd73.ca)) or Tracy Laut ([tlaut@cesd73.ca](mailto:tlaut@cesd73.ca)) with any questions. Both of us are organizing the program this year and are happy to answer any questions or look into ideas or resources.



## VOLLEYBALL COACHING CLINIC

**SEPTEMBER 16, 2024**

Presenter: Jeff Anderson  
Former coach of Red Deer Polytechnic Kings  
President/Director of CAQVC

**JC CHARYK NORTH GYM**

**9:30AM-3:00PM**  
LUNCH PROVIDED

Please register to:  
[holly.stanger@plrd.ab.ca](mailto:holly.stanger@plrd.ab.ca)



Youth Empowerment & Support  
**5 TIPS**  
 FOR KEEPING UP WITH THE  
 "SLANGUAGE"

EVERYTHING YOU NEED TO KNOW ABOUT  
 CONNECTING WITH YOUR TWEEN AND THEIR  
 EVER CHANGING SLANGUAGE

What the sigma?  
**BE OPEN TO CONNECTION!**  
 There is nothing more 'cringy' than when parents try to adopt the current slang trends, but believe it or not, when we throw in a skibbity riz, or a "What the Sigma" here and there, it actually shows our kids that we see them and we want to connect with them.

**LEARN THE Slanguage!**  
 Completely lost on what's in, what's out and what the heck it all means? I got you! Here is a current slanguage dictionary!  
 More info [here](#)

**CAUTION**  
**SET YOUR BOUNDARIES** and stick to them!  
 Slangue is broken up into 3 categories:  
**Fun, Harmless, Silly:** Generally just nonsense chatter - a right of passage for teens!  
**Beware of:** Can be interpreted negatively or positively, depending on external factors  
**Red Flags:** Inappropriate, objectifying, threatening, haraasing, offensive

**Confidence is KEY!**  
 KEEP IT HUNDO  
 When it comes to Slangue, everyone is different- As we teach our kids to stay true to themselves, we also have to follow our own advice. Knowing the terms and setting your personal boundaries about what's acceptable and what's off limits is essential for healthy communication.

**YOU'RE COOKIN'**  
**Final thoughts from your Success Coach!**  
 #IYKYK  
 CEO STATUS unlocked  
 As you can see, there's a lot to keep track of! We hope knowing these terms will help you discern when your tweens are just engaged in harmless fun and when they're in need of intervention.  
 We lowkey hope we left no crumbs in dripping you out to be the GOAT of slanguage!



**SUPPORT GROUP FOR PARENTS OF ADHD CHILDREN**

- Safe place to connect and share experiences
- Focus on raising a child with ADHD
- Support and resources

Every Second Thursday starting in September  
 6:30 PM - 8:30 PM  
 COMMUNITY CONNECTION CENTRE - JEAN'S PLACE

Let us know your coming by  
 registering at  
[www.mvfrn.ca](http://www.mvfrn.ca)  
 877-761-0033



**Y.E.S. ROOM**  
 HOURS & ACTIVITIES

	RECESS	LUNCH	AFTER SCHOOL UNTIL NOV.1
MONDAY	GR.5	MINI STICKS	YOGA CLUB
TUESDAY	GR.6	BOOK CLUB	BOARD GAMES
WEDNESDAY	CLOSED	CLOSED	CLOSED
THURSDAY	GR.7	CHESS CLUB	ARTS & CRAFTS CLUB
FRIDAY	GR.8	CLOSED	CLOSED

MAX.15 STUDENTS  
 ALL STUDENTS MUST BRING A YES PASS FROM THEIR TEACHER  
 AFTER SCHOOL ATTENDANCE NEEDS A PERMISSION FORM  
 AFTER SCHOOL CLUBS OPEN TO GR.5-8 STUDENTS