

# Deer Meadow Academy

## Programs of Excellence

**Philosophy:** When students are engaged in learning something they are passionate about, they achieve their full potential and love learning.

**Academy Foundation Principles:** Programs of Excellence require that students achieve and maintain high standards to remain in the academies. Academies offered will be based on student choice; only viable programs will be offered. Students unable or unwilling to put forth the effort required to remain in an academy may be enrolled in an alternate academy after consultation with parents at the discretion of school administration.

**Academy Streams / Programs of Excellence:** Academies will fall under 4 major categories: Student Leadership Academy, Fine Arts and Languages Academy, Career and Technology Academy, and Sports and Recreation Academy.

**Student Leadership Academy:** Focus will include: fundamental study skills, student leadership projects (community legacy opportunities), community involvement (adopt a street, seniors web surfing, food bank drives), resiliency, school climate initiatives (organizing assemblies, spirit days, intramurals, composting, recycling), school communications media (newspaper/newsletter, video arts, morning announcements), student council, global citizenship (organizing charity initiatives, awareness of issues). Partnership opportunities with Olds High School Student Leadership and Olds College will be explored.

**Fine Arts and Languages Academy:** Offerings may include: Band (traditional woodwind and brass), Jazz Band, Guitar, Choir, STOMP (percussion performance art), Theatre Arts, Visual Arts (painting, sketching, sculpture), French, and Spanish (when staffing allows).

**Career and Technology Academy:** Students will have the opportunity to explore their interests, passions, and skills while making personal connections to career possibilities. Offerings may include Foods, Sewing, Woodworking, Quiltmaking, and Computer Coding.

**Sports and Recreation Academy:** All students will receive instruction and training in the foundations of athletics. Core strength training, agility training, and training principles will be taught and continuously addressed. Sports psychology, ethics and nutrition will also be part of the general sports academy program. While primary instruction will come from Deer Meadow professional staff, partnerships will be explored with various community athletic organizations (Olds Grizzlies, Olds College, Red Deer College) to take advantage of their expertise. Academies may be offered in the following areas: Hockey, Volleyball, Basketball, Soccer, Softball/Baseball. Other offerings may be explored should there be student interest or qualified staff.

**Costs:** There is a General Academy Fee of \$40 for the year. In addition, tuition will be charged on the principle of cost recovery, with some programs costing more than others.

**Transportation:** Students will walk or be bussed to facilities off-site (Arena, CLC)

# **Deer Meadow Career and Technology Academy; Programs of Excellence**

Students interested in the science, technology, resources, business, and human services Academies.

## **Computer Coding**

**Challenge:** How can we use computer science to create usable apps and program-specific tasks?

Computer Science First is a programming course that involves block-based and theme-based coding using Scratch. The skills students learn will then be applied to making their own digital products with code.

## **Electrical Engineering and Electronics**

**Challenge:** How can we use an understanding of electrical circuits and electricity to perform real-world tasks?

The study of electricity incorporates all four pillars of STEM. In this course, we will be creating series circuits, parallel circuits and connecting them to various functions, providing the opportunity for students to become electrical engineers. In this course, students will not only build circuits but will also learn to use meters and to develop real world applications/challenges.

**The cost for this Academy is \$25 per term**

## **Beginner Foods**

**Challenge:** How can we understand and create healthy, nutritious snacks and meals for students?

This class will be a combination of a more traditional Foods Class, a study into specific food choices and how we are able to feed ourselves a diet that is healthy, and nutritious. Kitchen and food safety will be the starting point of this class. Students will then be challenged to use a select amount of ingredients to make nutritious and delicious meals.

**\*This class is open to anyone who has not taken a foods class at Deer Meadow before.**

**The cost for this Academy is \$30 per term**

## **Cosmetology**

**Challenge:** How can I explore topics related to esthetics and beauty for personal use as well as for a future career option?

This course will focus on developing the basic knowledge and skills in the cosmetology industry. Some topics of instruction will include basic nail care, hair braiding, skin care, and makeup application.

**Course Cost: Students will be charged a \$10 fee to cover the cost of consumables. In order to keep costs as minimal as possible, students will be asked to provide their own cosmetics that cannot be sanitized for class use.**

## **Photography**

**Challenge:** How can I develop my creativity and collaborate effectively with others while participating in various photography challenges?

This course introduces students to the fundamentals of photography and explores how images can tell stories that evoke emotional responses from viewers. Students will learn to capture powerful, storytelling images and will participate in a variety of photo challenges. By the end of the course, they will have compiled a portfolio of photographs to display in a gallery showcase. A digital camera and access to a computer are required for participation, but the school has a limited number of digital cameras available for students to use.

## **Deer Meadow Leadership Academy; Programs of Excellence**

Students interested in the Leadership Academy must demonstrate skills in organization, communication, public speaking, problem solving and taking initiative.

### **Interact**

**Challenge:** How can I have a positive impact on our world?

Students will work together to exchange ideas, build relationships, and TAKE ACTION on school-wide, local, and global social issues. Students will research areas of greatest need, develop project plans, and carry out these plans to see the impact they can have. We will develop leadership skills, such as listening, cooperating, collaborating, and public speaking. This is a self-motivated option that requires students to take responsibility and initiative for their learning. There are lots of opportunities to develop life long skills.

### **Leadership**

**Challenge:** How to promote to all students that they can find the courage to be a school leader. To promote discipline and self-confidence.

Cheers and chants, building relationships, organizing sock hops and pep rallies, building connections in the community, activities with the grade 5's and OES, talent show, spirit days, and helping people in our school, the community, and the province. You are required to demonstrate how to be the best person that you can be and to do things that are helpful to others. If this seems to be something that you are interested in then come on out and be a leader at DMS. You need to be ready to step out of your comfort zone and participate in planned activities.

# **Deer Meadow Fine Arts Academy; Programs of Excellence**

Students interested in the Fine Arts Academy must demonstrate skills in music, art, French, theatre, technology, and/or writing.

## **Arts & Crafts**

**Challenge:** How can I demonstrate my creative side using a variety of materials?

In this academy, students will create sketch book designs and craft projects using a variety of materials. They will be working with popsicle sticks, paper rolls, yarn, straws, paint, paper, and much more.

## **Zentangle Art**

**Challenge:** How can I use my creativity to explore the unique designs of zentangles in artwork?

Discover the world of artistry through the design of Zentangles. Whether you are a seasoned artist or a complete beginner, this course is designed to unlock your creativity through the unique designs of zentangles.

## **Art - Sketching**

**Challenge:** How am I able to explore my artistic side through sketching, while focusing on the Seven Elements of Art?

This course is designed to introduce students to the foundational principles of art through the practice of sketching and drawing. Students will focus on one or more of the Seven Elements of Art: line, shape, form, value, texture, space, and color. **Students will need their own sketchbook for this class.** If a student does not have their own sketchbook, one will be provided for them.

## **Band**

**Challenge:** How can I begin to develop my band skills to improve myself as an individual and as a group?

This program is designed to be the 2nd and 3rd year of the middle school band program (building on our Grade 6 program). Grade 7 and 8 students will be combined for both classes of Band A and B. Grade 7 students will be introduced to more advanced music, which will require improved skill and technique on their instrument. Grade 8 students will continue to build on skills and technique learned last year. Requirements: a commitment to practice, to take part in the winter and spring concert, and perform in the concert band. *Students will also have the opportunity to participate in the band trip at Camp Caroline for two nights (in February) for a cost.*

**Band is a full year commitment.**

## **Guitar**

**Challenge:** How can I apply fundamental guitar skills—including chord formation and simple fingerstyle techniques to play a variety of songs built on common chord variations?

Students will learn the fundamentals of playing the guitar, focusing on essential skills like forming chords and simple fingerstyle techniques. The course is designed to help students understand how basic chords can be combined in various ways to play a wide variety of songs across different genres. Through hands-on practice and interactive lessons, students will develop proficiency in chord transitions, strumming patterns, and finger placements. By the end of the course, they will have the confidence and ability to play numerous songs, recognizing the common chord structures that many pieces share. *Guitars are provided!*

## **Drama Games**

**Challenge:** How can I step out of my comfort zone and develop confidence in a variety of performing arts?

This academy includes a variety of drama games such as improvisation, pantomime, story telling, and melodrama. Students will be encouraged to think outside the box and use their imagination, while also expanding their speaking, listening and comprehension skills.

## **Drama Performance**

**Challenge:** How can I develop the confidence to perform in front of an audience and be a convincing character?

This academy will have a Christmas production in front of the grade 5s and 6s at the end of the term. Students will not only learn the process of putting on a play, but develop the skills to be more confident, show their creativity, and work in a team dynamic.

## **Introduction To Ceramics**

**Challenge:** How can I use clay to demonstrate my creativity and create functional pieces of art?

Discover the magic of clay in this academy class! Unleash your creativity as you embark on a hands-on journey into the world of pottery and sculpture. In this engaging course, students will learn the fundamental techniques of working with clay, from shaping and molding to glazing and firing. Explore your artistic potential, express your unique ideas, and craft beautiful, functional pieces of art. Join us in this exciting adventure where imagination meets craftsmanship, and where every student becomes a clay artist in the making!

**There will be a \$20 fee for this academy.**

## **Painting/Wire Sculpture**

**Challenge:** How can I express myself artistically through painting and wire sculpture?

The option is centered around painting and wire sculpture and offers a dynamic and engaging exploration of artistic expression. In this course, students will delve into the vibrant world of painting, learning various techniques, color theories, and compositional elements to bring their imaginations to life on canvas. Additionally, they will embark on an exciting journey into the realm of wire sculpture, honing their skills in shaping and manipulating wire to create three-dimensional masterpieces. This class not only nurtures creativity but also encourages students to think critically about form, texture, and the fusion of different artistic mediums.

**There will be a \$20 fee for this academy.**

## **Deer Meadow Sports Academy; Programs of Excellence**

All Sports Academy students will receive instruction in the area of fitness and nutrition and how they apply to individual needs, while examining the importance of nutrition for optimal health and sport performance.

### **Volleyball**

**Challenge:** How can I improve my athleticism and gain a deeper understanding of the game of volleyball through participation in a variety of drills, activities and game situations?

The goal of this class is to introduce students to the fundamental skills and knowledge of the game of volleyball. Emphasis will be placed on learning the forearm pass, serving, setting, hitting and team play. As well, participants will acquire knowledge about volleyball rules, terminology, strategy and officiating.

### **Fun Fit**

**Challenge:** How can I find enjoyment from a variety of physically active endeavors?

Students that do not have an interest in any of the sport specific Sports Academy choices will enroll in this course. All students must fulfill the Alberta Education requirement that states that students at these grade levels must have instruction in Physical Education. This class will operate like a traditional Physical Education class with a variety of units of study that introduce students to many sports and fitness activities.

### **Intro to Personal Training**

**Challenge:** How can I improve my personal fitness while also learning the basics of personal training in a fitness facility.

The goal of this class is to introduce students to the basics of fitness so they can confidently perform and assist others in the foundational movements necessary for everyday life. Students will gain an understanding of how to plan a structured workout routine to ensure they are strengthening all aspects of their body. We will also discuss the positive impact fitness can have on both physical and mental strength.

**There will be a \$20 fee for this academy.**

### **Grizzlys Hockey Academy**

Grizzlys Hockey Academy will be offered again this year in terms 1 & 2. Participants will commit to all Academy periods 5-8 on Tuesdays and Thursdays for the term.

Please see the following page for pricing and information.

**\*Participants will need to complete the registration at the website listed on the flyer:**

**<https://go.teamsnap.com/forms/453559>\***



## **OLDS GRIZZLYS Jr. ACADEMY**

### **GRADE 7 & 8**

The Olds Grizzlys Academy program will help grow a young player's game by exposing them to the most effective techniques and tactics to take their game to the next level. Our Skills program is an all-encompassing execution plan for success in today's aggressive, attacking, and fast-paced game of hockey.

**Focus: Hockey Skill,  
Athletic-Motor Skill Development.  
Off Ice and On Ice Training**

**Term 1 - Oct 17 to Dec 12, 2024**

Tuesday and Thursday - \$250  
(No Academy on Non School Days)

**Term 2 - Feb 4 to April 3, 2025**

Tuesday and Thursday - \$225  
(No Academy on Non School Days)

\*Facilitated By: Olds Grizzlys Coaches and Players

## **Register at:**

[www.oldsgrizzlys.ca](http://www.oldsgrizzlys.ca)

For more information: 403-507-9167 or  
email [admin@oldsgrizzlys.com](mailto:admin@oldsgrizzlys.com)

