

Deer Meadow Academy

Programs of Excellence

Philosophy: When students are engaged in learning something they are passionate about, they achieve their full potential and love learning.

Academy Foundation Principles: Programs of Excellence require that students achieve and maintain high standards to remain in the academies. Academies offered will be based on student choice; only viable programs will be offered. Students unable or unwilling to put forth the effort required to remain in an academy may be enrolled in an alternate academy after consultation with parents at the discretion of school administration.

Academy Streams / Programs of Excellence: Academies will fall under 4 major categories: Student Leadership Academy, Fine Arts and Languages Academy, Career and Technology Academy, and Sports and Recreation Academy.

Student Leadership Academy: Focus will include: fundamental study skills, student leadership projects (community legacy opportunities), community involvement (adopt a street, seniors web surfing, food bank drives), resiliency, school climate initiatives (organizing assemblies, spirit days, intramurals, composting, recycling), school communications media (newspaper/newsletter, video arts, morning announcements), student council, global citizenship (organizing charity initiatives, awareness of issues). Partnership opportunities with Olds High School Student Leadership and Olds College will be explored.

Fine Arts and Languages Academy: Offerings may include: Band (traditional woodwind and brass), Jazz Band, Guitar, Choir, STOMP (percussion performance art), Theatre Arts, Visual Arts (painting, sketching, sculpture), French, and Spanish (when staffing allows).

Career and Technology Academy: Students will have the opportunity to explore their interests, passions, and skills while making personal connections to career possibilities. Offerings may include Foods, Sewing, Woodworking, Quiltmaking, and Computer Coding.

Sports and Recreation Academy: All students will receive instruction and training in the foundations of athletics. Core strength training, agility training, and training principles will be taught and continuously addressed. Sports psychology, ethics and nutrition will also be part of the general sports academy program. While primary instruction will come from Deer Meadow professional staff, partnerships will be explored with various community athletic organizations (Olds Grizzlys, Olds College, Red Deer College) to take advantage of their expertise. Academies may be offered in the following areas: Hockey, Volleyball, Basketball, Soccer, Softball/Baseball. Other offerings may be explored should there be student interest or qualified staff.

Costs: There is a General Academy Fee of \$40 for the year. In addition, tuition will be charged on the principle of cost recovery, with some programs costing more than others.

Transportation: Students will walk or be bussed to facilities off-site (Arena, CLC)

Deer Meadow Career and Technology Academy; Programs of Excellence

Students interested in the science, technology, resources, business, and human services Academies.

Advanced Foods

Challenge: How can we understand and create healthy, nutritious snacks and meals for students?

This class is designed to be an advanced class for students who have already taken their kitchen and food safety in Beginner Foods. More advanced meal prep and recipes will be tackled in this course. Students will be given more responsibilities in the kitchen, and face more difficult cooking tasks.

***This class is open to anyone who has completed Kitchen and Food Safety the modules in Beginner Foods.**

The cost for this Academy is \$30 per semester

Beginner Foods

Challenge: How can we understand and create healthy, nutritious snacks and meals for students?

This class will be a combination of a more traditional Foods Class, a study into specific food choices and how we are able to feed ourselves a diet that is healthy, and nutritious. Kitchen and food safety will be the starting point of this class. Students will then be challenged to use a select amount of ingredients to make nutritious and delicious meals.

***This class is open to anyone who has not taken a foods class at Deer Meadow before.**

The cost for this Academy is \$30 per term

Computer Coding

Challenge: How can we use computer science to create usable apps and program-specific tasks?

Computer Science First is a programming course that involves block-based and theme-based coding using Scratch. The skills students learn will then be applied to making their own digital products with code.

Cosmetology

Challenge: How can I explore topics related to esthetics and beauty for personal use as well as for a future career option?

This course will focus on developing the basic knowledge and skills in the cosmetology industry. Some topics of instruction will include basic nail care, hair braiding, skin care, and makeup application.

Course Cost: Students will be charged a \$10 fee to cover the cost of consumables. In order to keep costs as minimal as possible, students will be asked to provide their own cosmetics that cannot be sanitized for class use.

Electrical Engineering and Electronics

Challenge: How can we use an understanding of electrical circuits and electricity to perform real-world tasks?

The study of electricity incorporates all four pillars of STEM. In this course, we will be creating series circuits, parallel circuits and connecting them to various functions, providing the opportunity for students to become electrical engineers. Students will not only build circuits but will also learn to use meters and to develop real world applications/challenges.

The cost for this Academy is \$25 per term

Sewing

Challenge: How can I develop new creative skills using fabric?

Class Description: In this class you will learn about different fabrics and the fundamental basics of how to run a sewing machine. Throughout this class you will make different projects like bags, pyjama pants, pillow cases, and other neat crafts.

Cost: There will be a \$10 fee to cover sewing machine maintenance. Students will be asked to purchase or bring material for projects.

STEM

Challenge: We are going to build, learn and play with easily accessible materials to make amazing inventions that we will test.

STEM stands for science, technology, engineering, and mathematics. This is an academy that allows you to build prototypes for stomp rockets, sling shots, bow and arrows, prosthetic hands, rubber band shooters, marshmallow shooters, magic boxes and other things that lead us to understanding engineering through trial and error.

The cost of this Academy will be \$15.00

Photography

Challenge: How can I develop my creativity and collaborate effectively with others while participating in various photography challenges?

This course introduces students to the fundamentals of photography and explores how images can tell stories that evoke emotional responses from viewers. Students will learn to capture powerful, storytelling images and will participate in a variety of photo challenges. By the end of the course, they will have compiled a portfolio of photographs to display in a gallery showcase. A digital camera and access to a computer are required for participation, but the school has a limited number of digital cameras available for students to use.

Woodworking

Challenge: How can I learn to build using tools?

In this class students will learn tool safety and about possible future careers. In addition, students will use a variety of tools to complete small building projects.

Cost: There will be a \$40 fee to cover the cost of materials and tool replacement/maintenance

Deer Meadow Leadership Academy; Programs of Excellence

Students interested in the Leadership Academy must demonstrate skills in organization, communication, public speaking, problem solving and taking initiative.

Leadership

Challenge: How to promote to all students that they can find the courage to be a school leader. To promote discipline and self-confidence.

Cheers and chants, building relationships, organizing sock hops and pep rallies, building connections in the community, activities with the grade 5's and OES, talent show, spirit days, and helping people in our school, the community, and the province. You are required to demonstrate how to be the best person that you can be and to do things that are helpful to others. If this seems to be something that you are interested in then come on out and be a leader at DMS. You need to be ready to step out of your comfort zone and participate in planned activities.

Deer Meadow Fine Arts Academy; Programs of Excellence

Students interested in the Fine Arts Academy must demonstrate skills in music, art, French, theatre, technology, and/or writing.

Arts & Crafts

Challenge: How can I demonstrate my creative side using a variety of materials?

In this academy, students will create sketch book designs and craft projects using a variety of materials. They will be working with popsicle sticks, paper rolls, yarn, straws, paint, paper, and much more.

Art - Painting

Challenge: How can I explore my creativity through painting on canvas?

Come and explore a fun and relaxing Painting Academy! Perfect for beginners and seasoned artists alike, this academy invites you to unleash your creativity while following a guided design. Choose from a variety of images, and let the colors and numbered sections lead you to a finished masterpiece. Each student will get to take home all their projects, but the main focus is their final 16" x 20" canvas painting that they will paint by number to create.

Band

Challenge: How can I begin to develop my band skills to improve myself as an individual and as a group?

This program is designed to be the 2nd and 3rd year of the middle school band program (building on our Grade 6 program). Grade 7 and 8 students will be combined for both classes of Band A and B. Grade 7 students will be introduced to more advanced music, which will require improved skill and technique on their instrument. Grade 8 students will continue to build on skills and technique learned last year. Requirements: a commitment to practice, to take part in the winter and spring concert, and perform in the concert band. *Students will also have the opportunity to participate in the band trip at Camp Caroline for two nights (in February) for a cost.*

Band is a full year commitment.

Drama

Challenge: How can I develop confidence in a variety of performing arts?

This academy includes a variety of drama games such as improvisation, pantomime (action without words), story telling, and melodrama (over exaggeration). Students will be encouraged to think outside the box and use their imagination, while also expanding their speaking, listening and comprehension skills.

Harry Potter Book Club

Challenge: How can I enhance my understanding of a book I read and have thoughtful discussions about it?

Welcome to Hogwarts Haven, a magical gathering for all fans of the Wizarding World! Whether you're a die-hard fan or just discovering the enchanting world of Harry Potter, our book club is the perfect place to immerse yourself in the captivating stories, delve into the intricate characters, and experience the magic of the Wizarding World. Join us as we explore and discuss our favorite characters, and engage in themed activities and food that will transport us to Hogwarts and beyond while we read the first novel, Harry Potter and the Philosopher's Stone!

Introduction To Ceramics

Challenge: How can I use clay to demonstrate my creativity and create functional pieces of art?

Discover the magic of clay in this academy class! Unleash your creativity as you embark on a hands-on journey into the world of pottery and sculpture. In this engaging course, students will learn the fundamental techniques of working with clay, from shaping and molding to glazing and firing. Explore your artistic potential, express your unique ideas, and craft beautiful, functional pieces of art. Join us in this exciting adventure where imagination meets craftsmanship, and where every student becomes a clay artist in the making!

There will be a \$20 fee for this academy.

Deer Meadow Sports Academy; Programs of Excellence

All Sports Academy students will receive instruction in the area of fitness and nutrition and how they apply to individual needs, while examining the importance of nutrition for optimal health and sport performance.

Basketball

Challenge: How can I explore my interest in Basketball while taking my skills and knowledge to a new level?

Students will develop fundamental skills to build the foundation for future success as a basketball player. Classes will be run like an actual basketball practice; fundamental skills (shooting, passing, ball handling, defending, rebounding) will be developed through dynamic active drills that focus on proper technique. Team tactics and strategies will also be introduced.

Curling

Challenge: How can I explore the sport of curling while deepening my knowledge and understanding of the game?

This course will introduce the students to the rules, skills, strategies and etiquette of curling. The course will begin with the basic fundamentals of curling; the sheet marking, hack, stones, delivery, sweeping, strategies and scoring. No previous experience is necessary.

**** Students will curl for 3 periods (6, 7, 8), and will take part in a Fun Fit class for period 5 as part of this option ****

The fee for this Academy will be \$25.00

Fun Fit

Challenge: How can I find enjoyment from a variety of physically active endeavors?

Students that do not have an interest in any of the sport specific Sports Academy choices will enroll in this course. All students must fulfill the Alberta Education requirement that states that students at these grade levels must have instruction in Physical Education. This class will operate like a traditional Physical Education class with a variety of units of study that introduce students to many sports and fitness activities.

Grizzlys Hockey Academy

Grizzlys Hockey Academy will be offered again this year in terms 1 & 2. Participants will commit to all Academy periods 5-8 on Tuesdays and Thursdays for the term.

Please see the following page for pricing and information.

***Participants will need to complete the registration at the website listed on the flyer:**

<https://go.teamsnap.com/forms/453559>*



OLDS GRIZZLYS Jr. ACADEMY

GRADE 7 & 8

The Olds Grizzlys Academy program will help grow a young player's game by exposing them to the most effective techniques and tactics to take their game to the next level. Our Skills program is an all-encompassing execution plan for success in today's aggressive, attacking, and fast-paced game of hockey.

**Focus: Hockey Skill,
Athletic-Motor Skill Development.
Off Ice and On Ice Training**

Term 2 - Feb 4 to March 27, 2025

Tuesday and Thursday - \$225
(No Academy on Non School Days)

*Facilitated By: Olds Grizzlys Coaches and Players

Register at:

www.oldsgrizzlys.ca

For more information: 403-507-9167 or
email admin@oldsgrizzlys.com

